

ETON MESS

LEVEL : EASY

PREPARATION : < 30 min

SERVES : 4

INGREDIENTS

- 500 g strawberries
- 400 ml double cream
- Meringue (crushed)
- 1 tbsp cordial (optional)
- sprigs of fresh mint (optional)



PREPARATION

1. **Make half the strawberries into a purée.** Chop the remaining strawberries, reserving four for decoration.
2. **Whip the double cream until stiff** then fold in the strawberry purée and crushed meringue.
3. **Fold in the chopped strawberries** and cordial (if you're using any).
4. **Spoon equal amounts of the mixture into four cold wine glasses.** Serve garnished with the remaining strawberries and a sprig of mint.